



HIMALAYAN ACADEMY'S 2010 KAUAI INNERSEARCH

JUNE 12-21

A Tropical Island Adventure
from Ardra to Chitra

PLEASE ATTACH
A RECENT COLOR
PHOTO OF YOURSELF
HERE

(DOES NOT NEED TO
BE A PASSPORT SIZE
PHOTO)

TRAVEL-STUDY APPLICATION

Namaste and aloha!

We are delighted that you wish to join Satguru Bodhinatha Veylanswami and the monks of Kauai's Hindu Monastery on this wonderful spiritual adventure. We would like to get to know you better by having you fill out this application form so that Bodhinatha and his monks can know more about you before the pilgrimage to Kauai.

Items to Note:

- Himalayan Academy's 2010 Innersearch is conducted in association with Search Beyond Adventures, Inc.
- For families, each person needs to fill in his/her own application form. Children under 12 need an application but need to fill in parts 1 and 5 only.
- Please type or print, and complete all parts. Completing the application includes signing the legal agreement.
- Please also attach a photo of yourself when you send in the application.
- If you attended the 2006 or 2008 Innersearch, you do not need to attach a photo or complete Part 2.

Application Check List

- Completed all five parts, plus signed legal agreement
- Photo attached
- US\$750 deposit has been sent to Search Beyond Adventures.

When you have completed the above three requirements, please e-mail, fax or mail your application to Himalayan Academy at:

Innersearch Travel-Study Programs

Kauai's Hindu Monastery (t) 1-808-822-3012, Ext. 246
 107 Kaholalele Road (f) 1-888-217-6108
 Kapaa, HI 96746-9304 • USA (e) innersearch@hindu.org

www.himalayanacademy.com/innersearch

We look forward to meeting you on the Garden Island!
Aum shanti!

The monks of Kauai's Hindu Monastery

PART 1: CONTACT DETAILS

Today's date: _____

Please state name exactly as it appears on passport

First & middle name: _____

Last name: _____

Preferred name: _____

Gender: Male Female

Street address: _____

City: _____

State: _____ Zip code: _____

Country: _____

Home phone: _____

Business phone: _____

Fax: _____

E-mail: _____

Passport #: _____

Passport is issued by which country: _____

Country of legal residency: _____

Date of birth (date): _____ (month): _____

(year): _____ (time): _____

Birthplace (city & state): _____

Marital status: Single Married

Wedding date: _____

PART 2: GETTING TO KNOW YOU

Children below the age of 12 may skip Part 2

Your profession: _____

What are your hobbies, entertainments, usual pilgrimages or vacations, etc.? _____

Your skills and talents: _____

What types of music do you enjoy listening to? _____

Are you a vegetarian? Yes No

What types of food do you like to eat? _____

What are your three favorite colors and shades (example: light green and cobalt): _____

Is your temperament: mild even moderate fiery
How is your spoken English? good fair poor
Do you ever wear Hindu clothing? Yes No
(We encourage this for our program) _____

Please describe your religious background and upbringing: _____

Did you study religion in school or elsewhere?
 Yes No. If so, what teachings were you exposed to? _____

Of these basic Hindu beliefs, please check those you agree with, or if unfamiliar please circle:

Divinity of the *Vedas* and *Agamas*
 One Supreme Being who is immanent and transcendent
 Karma Reincarnation Dharma Worship of God(s) through puja, etc. Necessity of a satguru to know Absolute Noninjury Vegetarianism

Have you ever been a student of a Hindu swami or guru?
 Yes No. Names of preceptors _____

His or her sect or sampradaya: _____

Do you study Gurudeva's Master Course trilogy?
 Yes No. If yes, then in what way:
 Receive the e-mail lessons Read the physical books at home Follow the correspondence course

Which of Gurudeva's other books have you read? _____

Do you read HINDUISM TODAY? Yes No
Have you pilgrimaged to our Kauai Monastery?
 Yes No. If yes, please elaborate: _____

Do you meditate? Yes No. If yes, what year did you start? _____

How long do you usually meditate each day? _____ minutes

What are your present meditation goals? _____

What system do you follow? _____

What are the challenges you encounter when you sit to meditate? _____

PART 3: MEDICAL DETAILS

Are you currently taking any medication, such as those prescribed by a doctor, or simple remedies such as aspirin?
 Yes No. Please list: _____

Physical disabilities, activity limitations or special medical needs? Yes No. If yes, please list thoroughly, including such problems as chronic headaches, stomach pains, motion sickness or known diseases and explain any assistance or special equipment needed: _____

Known allergies: _____

There will be ocean excursions. If being on a boat is a problem for you, please explain: _____

In case of emergency, who should be contacted? (give name and full address):
Name: _____
Relationship: _____
Address: _____

Emergency contact phone: _____

PART 4: INNERSEARCH

Please check which of the following Innersearches you have been on:

- 1967 June 6–September 15 Actinic's World Tour
- 1968 July 1–August Switzerland Ascona
- 1968 December Hawaii
- 1969 July 14–August 12 Switzerland
- 1969 October 25–December 28 Indian Odyssey

PART 5: PAYMENT DETAILS

Please select a room type and check (√) appropriate boxes. All rooms are double occupancy (two participants in a room). All fees shown are per person.

ROOM TYPE	FEE	BEDDING OPTION
Adult	<input type="checkbox"/> \$2,990	<input type="checkbox"/> 1 queen bed <input type="checkbox"/> 2 double beds
Youth (9–17 years)	<input type="checkbox"/> \$2,190	If rooming with parents: <input type="checkbox"/> Sharing bed with parent <input type="checkbox"/> Requiring own bed, \$200 additional
Child (2–8 years)	<input type="checkbox"/> \$1,590	<input type="checkbox"/> Sharing bed with parent <input type="checkbox"/> Requiring own bed, \$200 additional
Child (under 2 years)	<input type="checkbox"/> FREE*	(*It is not necessary to submit an application for children under 2 years, but please inform the program coordinator.)

ROOMING DETAILS AND CANCELLATION INSURANCE

Number of persons with whom you are traveling on this Innersearch: _____
If you want to share accommodation with a specific person, indicate name: _____

Do you want insurance? Medical and cancellation insurance starts at \$102 for adults and can be acquired through Search Beyond Adventures.
 Yes No

PAYMENTS

If paying by credit card, please authorize both the deposit and balance to simplify coordination. There is a 3.25% surcharge for all credit card payments, but not for checks, money orders or wire transfers. Please fill out both columns below. The first column is for the deposit, and the second column is for the balance.

1) Deposit payment: \$750

Personal or business check
 Money order or bank check
 Bank wire transfer (we will contact with details)
 Discover Diners Club VISA MC
(credit card will be charged upon approval of application)
Name as it appears on the credit card (please print): _____

Credit card number: _____
Expiration date: _____
Card Security Code (CVV₂) _____
(last 3 digits on back of card)

Signature: _____

2) Balance payment (due by March 12, 2010):

Personal or business check
 Money order or bank check
 Bank wire transfer (we will contact with details)
 Discover Diners Club VISA MC
(credit card will be charged on or before March 12, 2010)
Name as it appears on the credit card (please print): _____

Credit card number: _____
Expiration date: _____
Card Security Code (CVV₂) _____
(last 3 digits on back of card)

Signature: _____

Search Beyond Adventures offers another payment option that avoids credit card fees. You can make a direct deposit at any Bank of America or Wells Fargo Bank. If you wish to take advantage of this option, please call or e-mail Search Beyond Adventures for instructions at 1-413-283-9700, ext 16, or kailash@searchbeyond.com.

TERMS AND CONDITIONS

Himalayan Academy reserves the right to qualify which applicants may or may not participate. Himalayan Academy has the right to substitute staff, activities and itinerary in case of unforeseen circumstances. Participants may wish to seek the advice of their physician before going on the trip. Neither Search Beyond Adventures, Inc., nor Himalayan Academy can assume responsibility for any medical expenses that may occur if the participant must receive medical care. Applicants are advised to carry their own medical insurance or traveler's insurance as needed. Part or all of the deposits and final payments you send us may not be refundable in case you cancel the tour. Travel insurance is available through Search Beyond Adventures, Inc. for an extra charge. Prices are based on cost at time of publication and are subject to change. Completion of the application below implies understanding and agreement to these conditions.

ACKNOWLEDGEMENT OF RISK, INDEMNIFICATION AND RELEASE OF LIABILITY

Risk to body or property may be present in this tour program. Participants applying for this tour do so at their own risk, and agree to release, indemnify and hold harmless Search Beyond Adventures, Inc., and Himalayan Academy and all of their officers, directors, employees and volunteers from any and all claims, damages, liabilities, losses, personal costs and expenses to which Himalayan Academy or Search Beyond Adventures, Inc., or any of their employees, staff, volunteers or agents may become subject to or liable for as a result of, or arising out of, directly or indirectly, any action or conduct of any participant, activity operator, ground transportation operator or agent, receptive tour operator, civil servant, or government or religious official while attending or traveling to and from the 2010 Kauai Innersearch, including, but not limited to, accidents, theft, physical injury, illness, death, fire, or otherwise. Participants and applicants for this program agree to the fullest extent permitted by applicable law to release and waive claims against Himalayan Academy and Search Beyond Adventures, Inc., and their officers, directors, employees, volunteers, and agents, and to discharge them from any losses, obligations, costs, and expenses arising from or due to personal injuries or loss of property of the participant while attending or traveling from or to the 2010 Kauai Innersearch. Any interpretation or construction hereof shall be governed by the internal laws of the State of Hawaii and not the laws of conflict. Furthermore, participants and applicants agree that on the petition of either party willing to advance the applicable filing fee, any claims that may arise from this program will be settled through arbitration by the American Arbitration Association and such arbitration hearing to be held in the state of Hawaii, USA.

Name of applicant (PLEASE PRINT): _____

Signature of applicant: _____

Date: _____

Signature of parents (or legal guardian), consenting to the enrollment of applicant in the 2010 Kauai Innersearch and attesting to the above agreement on his/her behalf (required for those under 18 years old):

Father: _____

Mother: _____

Legal guardian: _____

Date: _____

IMPORTANT INFORMATION

It is important that you read the following information thoroughly before submitting your application. It gives an insight into the basic needs of the journey.

Travel Style

This is a pilgrimage. For those new to Hinduism, it is a time to familiarize yourself with the religion, culture, tradition, temples and guru-disciple tradition. Bring an umbrella, as it rains even in the summer on Kauai. It's the tropics, so you might want some mosquito repellent.

Fitness Guidelines

In order to participate fully in this journey you will need an average level of fitness. A typical day will see us rising early for hatha yoga, then sharing morning and afternoon classes, lunch and dinner together. The nature of the journey involves traveling on some days by bus and boats. You will generally find your days fully scheduled and fairly long.

Luggage and Packing

We encourage everybody to travel light. You will be required to carry your own luggage—for example on and off the bus into the hotel. A good test after you have packed is to carry your bags (including all daypacks, jackets and camera cases!) for 100 meters. If you have any difficulty, we would recommend a re-pack and exploring luggage with wheels! You should not expect other group members to assist with your baggage. We recommend you bring a smaller bag to pack for the two-day excursion in the mountains, as we will leave the main luggage at the Hilton for those two nights.

Accommodation

Hotel accommodations on this trip will be the Hilton Kauai Beach Resort, which is five miles from the monastery. All rooms have private bathroom facilities. Two nights will be spent in rustic mountain facilities in Kokee Park, where a large bunkhouse will accommodate men in one space and women in another.

Travel Documentation and Visas

If you are not a US citizen, you may need a US visa. In that case, you must ensure that you are in possession of a passport (with at least six months validity from the date you complete your Innersearch journey) and any visas necessary to enter the US. You must also ensure that you have the necessary visas for any traveling you plan to do immediately before or after your Innersearch arrangements. If you are a US citizen, you do not need a passport to travel to Hawaii.

Travel Insurance

Travel insurance, which covers medical and cancellation, is available on this tour and is recommended to protect your investment (starting at \$102 for adults, \$68 for children). Please inquire with Kailash Dhaksinamurthi of Search Be-

yond Adventures (1-413-283-9700, ext 16, or kailash@search-beyond.com), with whom we are coordinating this program. He will be able to help you with any insurance requirements. If you do not indicate that you wish to purchase or decline travel insurance, we will assume you do not want it. Such insurance cannot be purchased once the program begins.

Health

You should be in good health to satisfactorily participate in this tour. Please advise Himalayan Academy of any pre-existing medical conditions which may limit or prohibit your full participation. All applicants should consider their personal ability and comfort levels with regards to the itinerary. Please do not hesitate to contact us to discuss the nature of the journey and any concerns you may have.

Vaccinations

While there are no compulsory vaccinations required for Hawaii, we do recommend that you contact your doctor or a recognized travel health specialist for professional up-to-date advice.

Diet

All meals are vegetarian. Unfortunately, we cannot guarantee that special requirements can always be met. If you have special dietary requirements, we recommend you bring a small supply of specialized foods from home to supplement your diet.

Guidelines

- No smoking during group activities. The Hilton Resort is a non-smoking facility.
- No hard liquor (wine and beer are OK)
- No illegal drugs
- No shorts, short-dresses or tank tops. Long pants/dresses/smart kirta or polo shirts are encouraged for excursions.
- Hindu dress is strongly encouraged for classes with the swamis and temple events.
- Modest pool attire. No bikinis.

Upon approval of your application, we will provide periodic e-newsletters that will help you prepare for the journey. Please feel free to contact us if you require more information:

(t) 1-808-822-3012, Ext. 246

(e) innersearch@hindu.org